

2ND ANNUAL INTERDISCIPLINARY SPINE CONFERENCE



SATURDAY, OCTOBER 21, 2017

WARREN ALPERT MEDICAL SCHOOL | PROVIDENCE, RI

JOINTLY PROVIDED BY

WARREN ALPERT MEDICAL SCHOOL AND

DEPARTMENT OF NEUROSURGERY AT RHODE ISLAND HOSPITAL



BROWN
Alpert Medical School



Rhode Island Hospital
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PROGRAM DESCRIPTION

This course will strive to provide the practitioner treating neck and low back pain with a better understanding of the comprehensive care treatment options for low back pain, spinal stenosis, and lumbar disc herniation, which include medication management, rehabilitation through physical, occupational, and vocational approaches, psychological co-management of pain, complementary and alternative medicine options, interventional treatments, and finally a range of minimally to maximally invasive surgical options. The course will help the audience to better understand when the various treatment options for neck and low back pain should be exercised to achieve the best outcomes in both pain and function.

TARGET AUDIENCE

Primary Care Physicians, Surgeons, Pain Specialists, Psychologists, Physician Assistants, Nurse Practitioners, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, Residents, Fellows, Postdocs, and Medical/Health Profession Students.

LEARNING OBJECTIVE

At the conclusion of this activity, participants should be able to:

- Identify the common diagnostic and imaging tools for neck and low back pain, spinal stenosis, and lumbar disc herniation
- Describe the current evidence-based medical and surgical treatment options including medication management, rehabilitation, psychological co-management, complementary and alternative medicine, and interventional treatment
- Recognize and prescribe appropriate treatment options to achieve the best outcomes in pain and function

COMPETENCIES AREAS

ABMS: Professionalism | Patient Care and Procedural Skills | Medical Knowledge | Practice-Based Learning and Improvement | Systems-Based Practice

IOM: Provide Patient-Centered Care | Work Within Interdisciplinary Teams | Employ Evidenced-Based Practice | Apply Quality Improvement

SATURDAY, OCTOBER 21, 2017

6:45–7:20 AM	Registration, Breakfast, and Visit Exhibits	10:20–10:40	Occupational Therapy of Spine Janet L. Rivard Michaud, OT/L
7:20–7:30	Welcome Ziya L. Gokaslan, MD, FAANS, FACS Alexios G. Carayannopoulos, DO, MPH, FAAPMR Adetokunbo A. Oyelese, MD, PhD, FAANS	10:40–11:00	The Role of Acupuncture in Spinal Care Susan V. Clemens, MD, DABFM, DABMA
7:30–7:50	Anatomy: C-Spine and L-Spine Thomas A. Kosztowski, MD	11:00–11:20	Demystifying Chiropractic, the Chiropractor and Their Integration in the Western Medical Model Mark V. Alano, DC, CCEP, FICPA
7:50–8:10	Physical Exam: C-Spine and L-Spine Xin Li, DO	11:20–11:40	Pre-Surgical Evaluation for Pain Patients Lucy Rathier, PhD
8:10–8:30	Imaging of Lumbar and Cervical Spine Degenerative Disease Jeffrey M. Rogg, MD	11:40–12:00 PM	Opioid Management Alexios G. Carayannopoulos, DO, MPH, FAAPMR
8:30–8:50	Medical Management of Neck and Low Back Pain Kyle Silva, DO	12:00–1:00	Lunch and Visit Exhibits
8:50–9:10	Cervical and Lumbar Spine Interventional Management Su Gym Kim, MD	1:00–1:20	Hip-Spine Syndrome Claudia Wheeler, DO
9:10–9:30	C-Spine — Operative David Choi, MD	1:20–1:40	Neck-Shoulder Syndrome Shalini M. Boodram, MD
9:30–9:50	L-Spine Operative Management Jared S. Fridley, MD	1:40–2:00	Case Vignettes and Discussion
9:50–10:00	Break and Visit Exhibits	2:20–2:40	Break and Visit Exhibits
10:00–10:20	Physical Therapy of Spine David B. McIntyre, DPT Jennifer Reynolds, DPT	2:40–3:00	Cervical Myelopathy, Cauda Equina, and Other Acute Spine Syndromes Adetokunbo A. Oyelese, MD, PhD, FAANS
		3:00–3:30	Case Vignettes and Discussion
		3:30 PM	Adjourn

COURSE DIRECTORS

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PLANNING COMMITTEE

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REGISTER ONLINE AT: [HTTPS://APPS.BIOMED.BROWN.EDU/CME_REGISTRATION](https://apps.biomed.brown.edu/cme_registration)

REGISTRATION INFORMATION

Register online at:

https://apps.biomed.brown.edu/cme_registration

Conference registration fee includes: Breakfast, breaks, lunch, access to an online syllabus, & complimentary on-site parking.

REGISTRATION FEES

Before October 1st

Guaranteed seating in the main lecture hall

\$175.00 Physicians

\$150.00 Other Healthcare Professionals

Waived Residents, Fellows, Postdocs, and
Medical/Health Profession Students

CANCELLATION POLICY

Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than October 6, 2017. A \$25.00 administrative fee will be charged for all refunds (no refunds for “no shows”). There will be no additional charge for substitutions. This conference is subject to change or cancellation.



Please notify the Brown CME Office in writing at least two weeks prior to the conference to request reasonable accommodations.

CONFERENCE LOCATION AND PARKING

The Warren Alpert Medical School of Brown University
222 Richmond Street, Providence, RI 02912

Parking will be available in the parking garage adjacent to the Medical Building. Enter through the Eddy Street Entrance (333 Eddy Street on Google Maps) and take a ticket from the machine—please bring this ticket with you and see the registration desk. You may park on any level of the garage and can exit using either the Eddy Street or Elm Street exits.

FOR MORE INFORMATION

Contact the Brown CME Office

233 Richmond St., G-R156, Providence, RI 02912

Ph: 401.863.2871 | F: 401.863.2202 | Email: CME@Brown.edu

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the Department of Neurosurgery at Rhode Island Hospital. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Physicians: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Rhode Island Specific: This program qualifies for 6.25 hours CME Credit in Opioid Pain Management/Chronic Pain Management, one of the required areas of section 6.0; 6.2.1 RI CME re-licensure requirements.

Rhode Island Prescriber Training Requirement: This training meets the requirements set forth in RI Regulation 3.14 Prescriber Training Requirement for Best Practices Regarding Opioid Prescribing. This specific training requirement is required only once & must be completed before renewal of controlled substance registration or two (2) years (whichever is longer).

Chiropractic Physicians: This conference is approved for Continuing Education Credits. Chiropractic Physicians will receive a Certificate of Attendance for up to 6.25 hours.

Physician Assistants/Nurse Practitioners: Participants will receive a Certificate of Attendance stating this program is designated for 6.25 hours *AMA PRA Category 1 Credits*[™]. This credit is accepted by the AAPA and AANP.

Physical Therapists/Physical Therapy Assistants: An application has been submitted to the Rhode Island Board of Physical Therapy. Determination of credits is pending.